

FREE GUIDE • BIBLICAL PREPAREDNESS

Neighborhood and Church Readiness Plan

Skills, supplies, who to check on, how to reach each other, and where to meet. For a street, a small group or a congregation.

Hey, I'm Randall. I'm a former Marine Combat Engineer, and my wife, Robbie, is a registered nurse. When something big hits, you may be on your own for a while, and the closest help is your neighbors. Start with five or six households. Pencil is fine.

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"Bear ye one another's burdens, and so fulfil the law of Christ."

Galatians 6:2 (KJV)

Step 1: Our Group

Our Group (street, Small Group, Congregation):

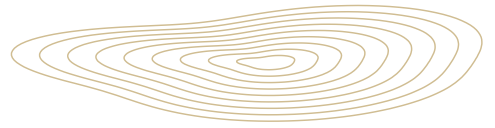
Coordinator And Phone:

Backup Coordinator And Phone:

First Meeting Date:

Ready.gov tells older adults to build a support network of family, friends, caregivers, neighbors and fellow congregants from their place of worship. [S1] You are building that network from the other side.





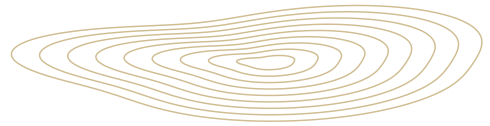
STEP 2

Skills and Supplies Roster

Voluntary, and private within the group. What could each household offer if the power and roads were out for a few days?

Household:	Phone:	Skills (medical, Chainsaw, Cooking, Childcare):	Supplies (generator, Truck, Radio, Water):





STEP 3

Check-On List and Phone Tree

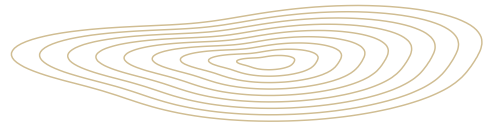
Ready.gov says a winter storm can put older adults, children, sick people and pets at greater risk. [S2] Ask before you add anyone. Pair each person with two households, so one can be away.

Person To Check On:	Address Or Phone:	What They May Need:	Household 1:	Household 2:
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Phone Tree (the coordinator calls three, each calls three)

Caller:	Calls:	Calls:	Calls:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____





STEP 4

Reaching Each Other and Meeting Places

- **Text group:** works until the cell network goes down.
- **GMRS radios:** a valid individual license is required to operate a GMRS station, and a licensee may let immediate family members operate the licensee's stations. [S4]
- **Weather radio:** a NOAA weather radio in every household.
- **Fallback:** if nothing else works, everyone who can walks to the meeting place at the set times.

Primary Meeting Place:

Backup Meeting Place:

Fallback Check-in Times (for Example 9 A.m. And 5 P.m.):

Who In The Group Holds A GMRS Or Ham License:

Step 5: Train Together

FEMA's CERT program trains volunteers in basic disaster response skills such as fire safety, light search and rescue, team organization and disaster medical operations. [S3]

Local CERT Class (contact And Date):

Who From Our Group Is Going:

After It Passes

What Worked, What We Will Change, And Who We Thank:

Gear for This Plan: Our Picks

- **Weather and news:** Midland ER310 NOAA weather radio. It only receives; it will not let you talk to neighbors.
- **Light for the coordinator:** Black Diamond Spot 400 headlamp.
- **Still on the list, no pick yet:** GMRS radios (license required).

Read more on our site • The picks, with the tradeoffs:

Neighborhood and Church Readiness Plan: Gear

Sources

[S1] Ready.gov (FEMA): Older Adults. Updated 03/26/2026. Read 10/11/2026.

[S2] Ready.gov (FEMA): Winter Weather. Read 10/11/2026.

[S3] FEMA: Community Emergency Response Team (CERT). Read 10/11/2026.

[S4] Electronic Code of Federal Regulations: 47 CFR 95.1705. Read 10/11/2026.

